

SA Christian MS
Strength and Conditioning (M)



MS Strength & Conditioning - Week 8
Monday thru Thursday (No Fridays) Weight Room

Camp Start Date:

July 27, 2026

Start Time:

9:30:00 AM

Camp End Date:

July 30, 2026

End Time:

11:00:00 AM

Venue Name:

Weight Room

Venue Address:

19202 Redland Rd. , San Antonio , TX 78259

Camp Cost:

\$100.00

Questions:

Anna Gober

agober@sachristian.org